

Midwest Living September/October 2007 Issue Highlights

Savor Autumn's Best

FALL COLORS: INSPIRATIONAL ACTIVITIES – Page 19

This season's glorious colors inspire us to take our cues from the hues. *Midwest Living* shares dozens of ways to get out and enjoy the reds, oranges, golds and browns this fall. Celebrate gold by sampling the Midwest's local brews at a neighborhood pub or community Oktoberfest. Bring orange into your landscape with some hearty orange mums. Add red to your life by grinding fresh cranberries for a seasonal treat. Find comfort in brown by leading your family on a pinecone hunting expedition – use them for fire starters or place them in a bowl for decoration.

OH, NUTS – Page 31

Go ahead. Go nuts. It's time to gather the family and tramp to the woods to collect nuts – or just head your local grocery or farmer's market. And then put them to use with *Midwest Living's* ideas for autumn centerpieces and recipes for nutty delights including Whole Wheat Apple-Nut Bread, Hickory Nut Cake and Chestnut Stuffed Pork Chops. Also included, a how-to guide to selecting, shelling and enjoying nuts.

MINNEAPOLIS/ST. PAUL THREE WAYS – Page 53

Three Midwest women, of different ages, backgrounds and interests, take on the Twin Cities. Through the eyes of an entertainment-junkie, certified shopping addict and foodie, you are sure to discover what draws you to the Minnesota metropolis.

TRAVEL: HUNTING MIDWEST MYTHS – Page 67

That creature in the woods. The loot buried by the lake. They're all just stories. Right? Join *Midwest Living* on our search for the truth about the region's persistent legends. And learn how to plan your own sleuth mission to track Bigfoot, the jackalope, the Spook Light in the woods or Bessie.

FALL FOR COOKIES – Page 77

Autumn brings with it an urge to bake, along with more places to take cookies. They're the perfect anytime snack, ideal for school lunches or afternoon treats, tailgating parties or Halloween festivities. Take a look at the recipes for Lemon on Lemon Shortbread Cookies, Caramel Apple Cookies, Banana-Oat Breakfast Cookies, Sour Cream Pumpkin Bars, and Latte Checkerboards. Get your oven ready!

SECRETS OF THE MISSISSIPPI – Page 89

Follow the Mississippi River along the Great River Road National Scenic Byway in five states to uncover new finds and revisit old favorites – *Midwest Living* shows you how. From the wood and wildlife secrets in Iowa's Pike Peaks State Park, to arts studios and antiques shops in Illinois and Missouri, exploring the majestic wilderness, reborn river towns, and rich history make for the perfect autumn day or weekend trip.

AMBER WAVES: GROW ORNAMENTAL GRASSES – Page 102

They're low-maintenance, easy to grow and capable of quickly filling in large chunks of yard, but *Midwest Living* shows you the best reason to grow ornamental grasses is for this season's beauty.

Also in this issue: a Girl's Guide to Exploring Michigan's Porcupine Mountains; the latest in home design from *Midwest Living's* 20th Anniversary Idea Home, open to the public through September 3rd in Indianapolis; and 15 destinations in and around Chicago. Experience wine in a whole new way.

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