

More Magazine March 2007 Issue Highlights

ANGELA BASSETT IN THE MARCH ISSUE OF *MORE*

Plus Jane Smiley on Love, Freedom and Midlife Sex; The Ultimate Girlfriends' Getaway; Spring Fashion to Fit Your Life Now

ANGELA ASCENDING; pg. 117

She's fought for everything she has: her acting career, her marriage, and her twins. As her searing memoir arrives in bookstores, Angela Bassett talks candidly to *More's* Meryl Gordon about her bumpy road to joy. "In my twenties, I was so focused on me and my career. Now that I've had success in that arena and feel confident in my work, I can give more time and appreciation to family." When reminded she'll be in her sixties when the twins get to college she replies, "But I'll be a good-looking 60! Some people fight their age, but I feel good about being 48."

ROSSEAU'S BRAINSTORM; pg. 84

Dr. Gail Rosseau, 50, is one of the country's top neurosurgeons and she wants to give women who have had breast cancer a chance to know their future. She has recently announced a pioneering trial screening program aimed at spotting breast cancer that has spread to the brain, before patients show any symptoms. However, some say such scans don't make a difference in how long people live. Laurence Gonzales explores if doctors can make this early knowledge useful or if, for the patient, ignorance is bliss.

THE MENTOR'S MANUAL; pg. 72

Networking in our twenties and thirties was a contact sport; the more, the better. But now, as seasoned careerists, women crave connections that can help them with complicated work issues. How can women fish for what they need while avoiding the sharks? How can women give back without giving it all away? Mary Lou Quinlan discusses how, after 40, networking and mentoring are all about focus planning and selectivity – and sometimes saying no.

THE OVER 40 BODY TUNE-UP; pg. 139

It really is harder to lose weight at midlife. But we can help you get your body's fat-burning engine up and running again. *More* offers tips, tricks, expert advice and inspiration for winning the losing game. Find out how what you drink could be holding you back and how fat-cell research is shedding light on the cause – and possible cure – for midlife weight gain.

GIRLS IN THE MIST; pg. 123

Two friends fulfill a dream of traveling to Uganda to track mountain gorillas. Editor in Chief, Peggy Northrop, tells *More* about this amazing adventure at the Gorilla Forest Camp with her friend, anthropologist Joyce Powzyk; a trip packed with moments that are both dangerous and breathtaking, rekindling memories of their first safari together 20 years ago.

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About *More*

Launched in September 1998, critically acclaimed *More* magazine is the only lifestyle publication that celebrates women in their 40s and 50s. Designed to make today's 40+ women look and feel better than ever, *More* features successful women who are still turning heads and making news. Each issue covers beauty and fashion shown on models who are over 40, and *More's* articles on health, relationships, travel, and money are angled toward a seasoned, sophisticated audience. *More* is published ten times a year by Meredith Corporation. Its circulation of 1.1 million reaches a readership of 4.4 million. *Ad Age* named *More* to their prestigious "A List" of Top 10 magazines in 2003 and 2005, and *Adweek* named *More* to the "Hot List" of 2006. *Media* named *More* the "Best Women's Lifestyle Magazine" of 2004. Visit www.more.com.

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