

# Family Circle March 2007 Issue Highlights

## —*Family Circle* Editors Available For Interviews—

### **In Living Color; pg. 22**

Catch a little spring fever by adding a burst of the season's best shades to your home. *Family Circle's* experts show you how.

### **Furniture Fix-Ups; pg. 28**

All it takes is a little paint, paper or fabric to help plain pieces of furniture go from weary to wow.

### **How to Buy Carpeting; pg. 40**

Nylon or wool? Berber or plush? If you're floored by all the possibilities *Family Circle* has the tips to help you pick your style.

### **The Pursuit of Happiness; pg. 56**

She may not have found Mr. Right, but that didn't stop one woman from realizing her dream of being a mother.

### **Kids in the Fast Lane; pg. 51**

Get your superbusy, multitasking, stressed-out teens to slow down – before they wear themselves out!

### **The Busy Mom's Guide to Car Maintenance; pg. 86**

Ignoring basic upkeep can cost you down the road. With the help from AAA experts, *Family Circle* tells you what you should know.

### **Attention, Please!; pg. 91**

You want more time, talks and cuddling. Some tips on making a direct connection with your husband.

### **Walk it Off; pg. 102**

Eight inspirational tips from readers to get you moving.

### **Guilt-Free Fast Food; pg. 119**

Here's how to order up a quick, nutritious meal – without supersizing your family.

### **The Best Birth Control for You; pg. 125**

With more new options than ever before, *Family Circle* helps you find the best choice for yourself.

### **Ask And You Shall Receive; pg. 138**

The secret to getting results isn't only in what you say, it's also how you say it. Here's how to fine tune your approach depending on your audience.

### **5 Ingredient Meals; pg. 165**

The key to speedy meals is simple: a few great convenience products packed with flavor.

### **Baking Outside the Box; pg. 174**

Turn a basic cake mix into something unexpected like spice cookies, cheesecake bars, even Piña Colada trifle.

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