

MORE SEPTEMBER 2006 ISSUE HIGHLIGHTS

-More Editors Available for Interviews-

JAMIE LEE CURTIS IN THE SEPTEMBER ISSUE OF *MORE*

***Plus* The Fall Clothes You Want Now; 40s Women Rule Hollywood; Returning to the Workforce; Your Knees: An Owner's Manual**

WELCOME, PRODIGAL DAUGHTERS; pg. 88

After leaving the workforce for several years, re-entering can be a nerve-wracking, challenging experience; but it's not out of reach! *MORE* offers real advice from professionals on which companies embrace flexible schedules, how to market yourself to employers, keeping up-to-date on your industry and how to network with acquaintances, old and new.

FALL FASHION: WHAT YOU WANT NOW; pg. 113

Tired of fashion spreads filled with clothes you'd never dare wear? We thought so. After hearing what 1,500 *MORE* readers put on their fall fashion wish lists, our editors present this season's 10 must-haves. Check out the fall fashion report for youthful prints, office-appropriate alternatives to jeans and stylish accessories to update your favorite outfits. And don't miss our real, successful 40+ models – from FOX 5 News New York's Rosanna Scotto and to Faye Wattleton, president of the Center for the Advancement of Women.

HOW JAMIE GROWS; pg. 136

Four years after being photographed for *MORE* with no make-up and bare thighs, Jamie Lee Curtis proves she's still as real as ever. With a poem specially penned for *MORE*, the mother, actress and children's book author talks about her evolving marriage to actor-director Christopher Guest, leaving Hollywood to be with her children and her self-esteem issues. *"I'm not saying I'm a spiritually perfect person. I'm flawed and contradictory and fraught in many areas. But I'm better. I'm growing, and that's all I really want."*

ACTING OUR AGE: OVER 40 IN HOLLYWOOD; pg. 142

Before our eyes, a new trend has slowly but surely been emerging in Hollywood: movie screens are no longer dominated by 20-somethings, but (finally!) by older, powerful women playing complex and authentic parts. Novelist and critic Francine Prose discusses this new phenomenon and offers her must-see list on great movies featuring actresses over 40, like Felicity Huffman in *Transamerica* and Sandra Bullock in this fall's upcoming *Infamous*.

YOUR KNEES: AN OWNER'S MANUAL; pg. 200

Do you have pain in your knees for the first half hour after you've woken up? Do they hurt even more when you kneel or walk down stairs? You may not know what osteoarthritis, patellofemoral pain syndrome or bursitis are, but you may be needlessly suffering through them. Learn how to identify your knee-pain syndromes, what you can do to put an end to them and which knee-saving moves will reduce your risk of pain in the future.

About *More*

Launched in September 1998, critically acclaimed *More* magazine is the only lifestyle publication that celebrates women in their 40s and 50s. Designed to make today's 40+ women look and feel better than ever, *More* features successful women who are still turning heads and making news. Each issue covers beauty and fashion shown on models who are over 40, and *More's* articles on health, relationships, travel, and money are angled toward a seasoned, sophisticated audience. *More* is published ten times a year by Meredith Corporation. Its circulation of 1.1 million reaches a readership of 4.4 million. *Ad Age* named *More* to their prestigious "A List" of Top 10 magazines in 2003 and 2005, and *Adweek* named *More* to the "Hot List" of 2006. *Media* named *More* the "Best Women's

Lifestyle Magazine” of 2004. Visit www.more.com.

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