

FAMILY CIRCLE JULY 2006 ISSUE HIGHLIGHTS

—Family Circle Editors Available For Interviews—

A Summer Place -- Page 20

Turn any room into a beachy getaway with our breezy decorating ideas – from coral candlesticks and seashell prints to tropical-blue table settings.

How to Buy a Floor Lamp -- Page 32

Halogen or incandescent? Up or down lighting? With *Family Circle's* guide, you'll never be in the dark.

The Great Outdoors -- Page 38

With spectacular scenery and wildlife, and activities from camping and fishing to hiking and horseback riding, national parks are the perfect family vacation.

Cool Stuff For Hot Days -- Page 46

Check out a dozen ingenious finds, from a low-tech ice-cream maker to a bag-on-wheels perfect for hauling beach gear.

Crash-Proof Your Teen -- Page 57

About 40% of all teenage drivers get into a car accident within the first year of earning their license. The good news: you hold the keys to our kid's safety and can do a lot to steer him right.

Back Off, Buddy -- Page 78

Don't roll over the next time your boss, big sister or so-called friend starts pushing you around. Here's how to stand up to-and outsmart-grown-up bullies.

Trading Places -- Page 86

It's your turn to take care of your aging parents, but doing so while also raising kids can stretch you thin. Follow *Family Circle's* guide to make sure everyone's needs are being met-including your own.

Pet Peeves -- Page 94

You love Buster but not everyone else does. Our experts tackle top petiquette problems.

Spice Up Your Diet -- Page 117

Add these zesty ingredients to your meals to help you lose weight – and ward off disease – without giving up the flavor you love.

Super Summer Salads -- Page 158

Toss together these five delicious good-for-you meals in no time.

The July issue of *Family Circle* is available on newsstands June 13, 2006.

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