

# FAMILY CIRCLE MAY 2006 ISSUE HIGHLIGHTS

## —Family Circle Editors Available For Interviews—

### **Pillow Talk** -- Page 26

Add a few simple ribbons, buttons and fancy trims to turn ordinary cushions into little works of art. With just a few touches you can give no-frills pillows a starring role in your home.

### **Pots and Plans** -- Page 33

*Family Circle* helps you create an instant garden in unexpected places – on a front porch, a patio, even a walkway. It's easy when you know the ground rules for container planting. Also, tips to get your kids involved.

### **How to Buy a Dishwasher** -- Page 40

Looking for a fashion plate or the strong, silent type? *Family Circle's* guide will help you find your dishwasher match.

### **Picture This** -- Page 46

Turning photos into keepsakes is a cinch if you know where to shop online. These cool items – think playing cards, a purse, a lamp and more – make perfect mother's or father's day gifts. (That is, if you can bear to part with them!)

### **The Young and the Reckless** -- Page 53

It's natural for teenagers to want to spread their wings, but some kids crash and burn. *Family Circle* takes a look at what makes them so prone to dangerous errors in judgment – and what you can do to guide them.

### **"I Changed My Life."** -- Page 62

Life is what you make it – and these four women wanted to make theirs better. Read on to see what they did, the lessons they learned and how you can do it too.

### **Girlfriend Getaway** -- Page 74

All the two of you wanna do is have some fun. *Family Circle* found five great mini vacations for breaking away and bonding with your buddy.

### **Ask Dr. Ron** -- Page 82

From schoolwork to drug use to messy rooms, raising adolescents can be daunting. Dr. Ron provides smart advice for keeping kids on track.

### **Furry Favorites** -- Page 94

Pamper your pet with cool toys and neat treats.

### **Slim Down for Summer** -- Page 111

Get the body you've always wanted by committing to our three-month shape-up plan.

### **Dinner in No Time** -- Page 199

A well-stocked pantry and a few fresh items are the ingredients for super-fast suppers.

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### **Contact:**

**Marisa Ollins**

**(212) 389-5332**

**Marisa.Ollins@meredith.com**

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