

# SIEMPRE MUJER FEBRUARY/MARCH 2006 ISSUE HIGHLIGHTS

## **-Siempre Mujer Editors Available For Interviews-**

### **MARIA CELESTE ARRARAS: DRESS FOR SUCCESS-- Page 40**

Sometimes, books do get judged by their cover. That's why the way you dress is an extremely important factor in how people view you personally and professionally. María Celeste Arrarás, star of Telemundo's entertainment show *Al Rojo Vivo*, shares her fashion know-how with *Siempre Mujer's* readers. Arrarás suggests: Stock your closet with classic pieces that mix and match well; know your body; and keep it simple. Over accessorizing, will make you look like you're hiding something.

### **50 BEST BEAUTY PRODUCTS -- Page 34**

*Siempre Mujer* just made life really easy for you. We've picked the 50 best beauty products - from makeup, to skin care and hair care - that'll help you look your best. These top-selling products are recommended by celebrities and experts alike, and, most importantly, they've stood the test of time! Clear some space in your cabinet for M.A.C.'s Lipglass Lip Gloss, Skin Milk's Shower Gel, Thermasilk's Volume & Shine Spray and much, much more.

### **SPECIAL REPORT: PLASTIC SURGERY -- Page 56**

Last year, more than 8 million women undertook some form of plastic surgery. While surgery can lead to increased self esteem, it's crucial that you ask the right questions and follow our tips before taking the big - and potentially dangerous - leap. *Siempre Mujer* also highlights the less invasive forms of cosmetic procedures, such as botox and microdermabrasion, that can result in younger looking skin.

### **DIVINE INDIAN-LATINO DISHES -- Page 80**

*Siempre Mujer* shares seven pages of delicious Indian-Latino recipes from the chef of popular Chicago-area restaurant, Vermillion. Add some spice to your life with our Malabar Crab Cakes, Spinach and Cheese Empanadas and Chai Bread Pudding.

### **DON'T BE A VICTIM OF FRAUD-- Page 90**

There's the bogus telemarketer promising a hefty lottery win after you pay serious lawyer fees. Or the door-to-door-guy asking you to buy in on a get-rich-quick scheme. These are just a couple of scenarios that contribute to consumers losing more than \$40 billion each year as victims of fraud. *Siempre Mujer* consulted with the National Consumer League to provide 10 tips to prevent consumers from losing big.

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